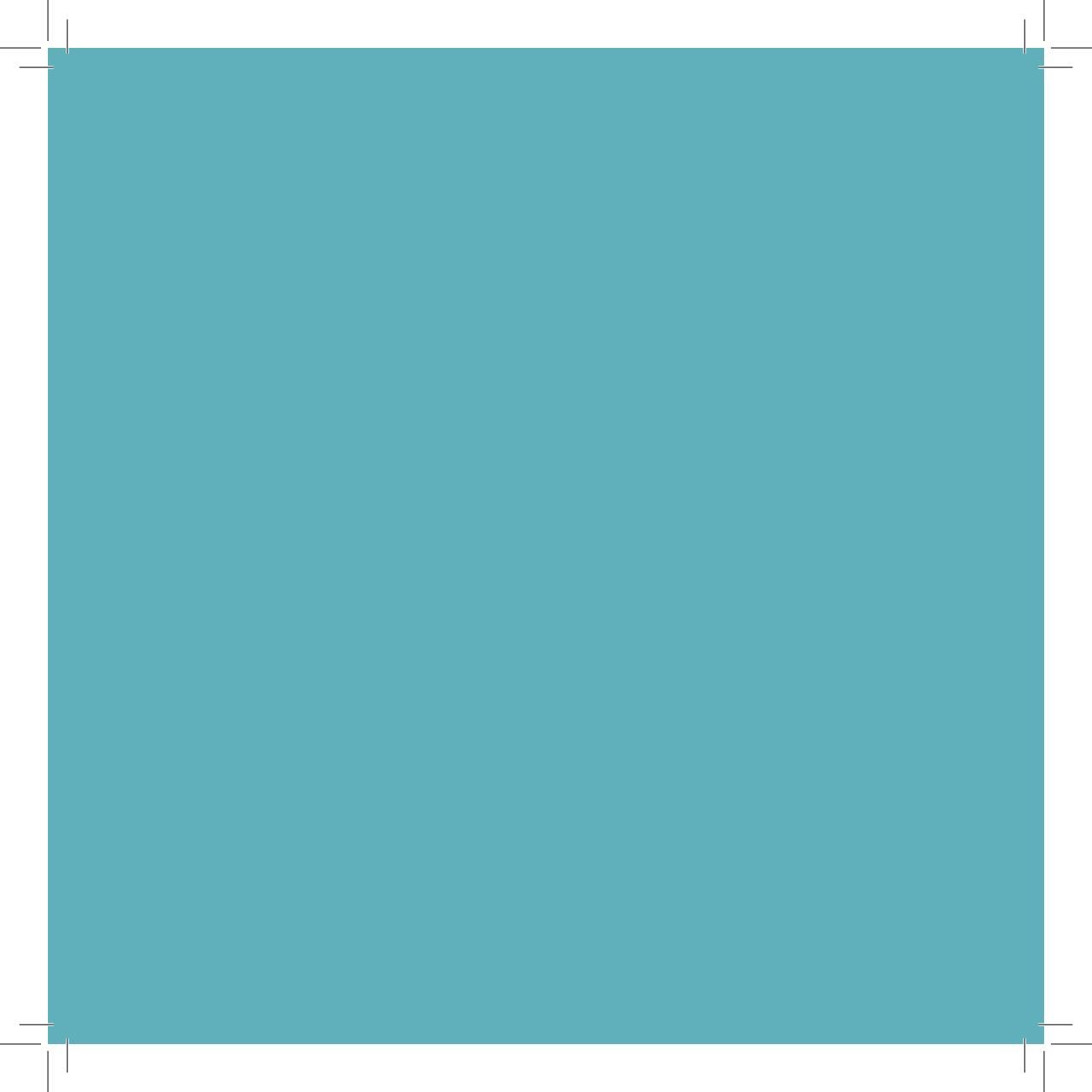


The background of the entire page is a close-up photograph of a leaf, showing intricate vein patterns. The colors range from deep teal and blue on the left to bright green and yellow on the right. A semi-transparent white rectangular box is centered over the image, containing the text.

LIZ EARLE

OUR BLISSFUL
TREATMENTS



WELCOME

Born from the belief that regular treatments are essential for achieving lasting radiance, our menu offers bespoke facials and massages that are perfect for treating yourself or a loved one to some well-deserved me-time. Our treatments are suitable for both men and women, and work to deliver optimal results while you relax in our tranquil, specially designed treatment rooms.

Along with a detailed pre-session consultation, your expert therapist will draw on a range of our award-winning products to tailor treatments to you, your skin, and your goals. By combining techniques – from hands-on massage sequences to state-of-the-art, non-invasive technologies – each treatment is designed to meet your skin's needs, whether dry, congested, sensitive, or showing visible signs of ageing.

Handpicked for their passion and knowledge, our therapists offer a first-class service to ensure you leave revitalised – and with a true Liz Earle Beauty glow.



LIZ EARLE SIGNATURE FACIAL

Purify, Cleanse, Hydrate

This deep-cleansing treatment is tailored to meet your specific skincare needs with our naturally active products. Your expert therapist will utilise hands-on methods and non-invasive technologies to deliver the ultimate luxury facial experience, leaving you looking – and feeling – your best.

Benefits

- Thorough skin cleansing
- Skin resurfacing with exfoliation & vacuum suction
- Skin mattifying with Anti-bacterial High Frequency
 - Lymphatic-inspired facial massage
- Neck & shoulder muscle tension release
- Choice of scalp, hand, arm or foot massage (optional)
- Pore cleansing with steaming & manual extraction (optional)

Duration: 90 minutes

Book a course of 5 Liz Earle Signature Facials and receive the 6th one on us.

LIZ EARLE PURIFYING FACIAL

Cleanse, Clarify, Balance

The naturally active choice for an express skin purifier, this facial combines traditional hands-on techniques with advanced pore-cleansing technologies. Supported with a tailored range of products, skin is left feeling smoother in texture and appearing clear, calm and revitalised.

Benefits

- Skin resurfacing with exfoliation & vacuum suction
- Deep pore cleansing with facial steaming & manual extraction
- Neck & shoulder massage
- Skin mattifying with Anti-bacterial High Frequency

Duration: 45 minutes

Book a course of 5 Liz Earle Purifying Facials and receive the 6th one on us.

SPEEDY LIFT FACIAL

Express, Brighten, Boost

This express facial workout features deep tissue sculpting techniques combined with our Superskin™ collection, visibly lifting, refreshing and toning the skin for instant radiant results.

Benefits

- Active skin cleansing including Sonic Technology
- Deep tissue sculpting massage
- Boosts muscle tone
- Lifts appearance of facial contours

Duration: 30 minutes

Book a course of 5 Speedy Lift Facials and receive the 6th one on us.



SUPERSKIN™ PRO-LIFT FACIAL

Firm, Lift, Smooth

Our ultimate revitalising facial workout helps improve the feel of muscle tone and lift the appearance of facial contours. Bespoke technologies work on smoothing skin's texture, while our powerful Superskin™ range provides a supercharged hydration boost for a brighter, plumper-looking complexion.

Benefits

- Head & neck muscle tension release
- Active skin cleansing including Sonic Technology
- Skin resurfacing with exfoliation & vacuum suction
 - Deep tissue sculpting massage
 - Warm guasha facial massage
- Neck, shoulder & scalp massage

Duration: 90 minutes

Book a course of 5 Superskin™ Pro-Lift Facials and receive the 6th one on us.



SUPERSKIN™ BOTANICAL LIFT FACIAL

Lift, Firm, Sculpt

This advanced treatment uses deep tissue sculpting techniques – plus our botanically powered Superskin™ collection – to leave skin looking plumped and refreshed, and with a youthful-looking vitality.

Benefits

- Head & neck muscle tension release
- Active skin cleansing including Sonic Technology
 - Deep tissue sculpting massage
- Softens the appearance of fine lines

Duration: 60 minutes

Book a course of 5 Superskin™ Botanical Lift Facials and receive the 6th one on us.



HEALTHY BEAUTIFUL SKIN FACIAL

Balance, Calm, Recharge

A truly restorative skin treatment and harmonising experience for your senses.

Our holistic facial includes intensive nurturing massage, allowing our finest botanicals to revitalise your skin's natural beauty and reveal a radiant glow from within.

Benefits

- Thorough skin cleansing & exfoliation
- Lymphatic-inspired facial massage
 - Tailored product selection
 - Neck & shoulder massage

Duration: 60 minutes

Book a course of 5 Healthy Beautiful Skin Facials and receive the 6th one on us.



THE BESPOKE FACIAL

Tailored, Personal, Relaxing

Following an in-depth diagnostic session, your therapist will carefully select the best botanical products, technologies and hands-on techniques to help achieve your personal skin goals. The result? Deep relaxation and results that meet your skin's unique needs.

Benefits

- Diagnostic skin consultation
- Deep cleansing & exfoliation methods
- Non-invasive technologies to target specific skin goals
- Choice of scalp, facial, neck, shoulder, hand, arm or foot massage (optional)

Duration: 60 or 90 minutes

Book a course of 5 Bespoke Facials and receive the 6th one on us.

BOTANICAL BLISS BACK MASSAGE

Release, Re-energise, Relax

Designed to gently ease and de-stress tense muscles, this back massage sequence leaves you feeling refreshed in body and mind. Your therapist will take a tailored approach, combining massage techniques with deep tissue manipulation to help soothe problematic muscles in your back, neck and shoulders.

For the ultimate tension relief, opt for the addition of hot stones to your massage.

Benefits

- Pre-treatment body alignment, stretch & muscle warming
- Bespoke back massage (optional hot stones)
- Neck & shoulder massage (optional hot stones)

Duration: 35 minutes

Duration with hot stones: 45 minutes

Book a course of 5 Botanical Bliss Back Massages and receive the 6th one on us.

FULL BODY BOTANICAL BLISS MASSAGE

Relax, Revitalise, Refresh

This full-body massage sequence helps to de-stress tense and aching muscles. Using a tailored combination of soothing skin and bodycare products, massage techniques and deep tissue manipulation, your therapist will work to target problematic muscles throughout your body.

For the ultimate tension relief, opt for the addition of hot stones to your massage.

Benefits

- Pre-treatment body alignment, stretch & muscle warming
- Back massage
- Leg & foot massage
- Hand & arm massage
- Neck & shoulder massage
- Scalp massage (optional)

Duration: 60 minutes

Duration with hot stones: 75 minutes

Book a course of 5 Full Body Botanical Bliss Massages and receive the 6th one on us.

ULTIMATE WIND DOWN EXPERIENCE

Sleep, Balance, Hydrate

This top-to-toe experience helps to promote a feeling of balance and tranquillity in preparation for a restful night's sleep. Your therapist will thoroughly cleanse, exfoliate and hydrate your skin using hands-on massage techniques and naturally active products, plus warm stones to target tension in the face and body.

Benefits

- Body & mind meditative grounding
- Hot stone muscle tension relief
- Deep skin cleanse & exfoliation
- Warm guasha facial massage
- Scalp massage

Duration: 75 minutes

Book a course of 5 Ultimate Wind Down Experiences and receive the 6th one on us.

USEFUL INFORMATION

Gift Vouchers

All our treatments are perfect to give as a special gift. Simply visit our Treatment Rooms, call our Customer Centre team on +44 (0)1983 813913 or visit uk.lizearle.com to order a Treatment Gift Voucher. If you have a Treatment Gift Voucher, please bring this with you on the day of your treatment for payment. Please be aware that Liz Earle Beauty Treatment Gift Vouchers can only be redeemed at Liz Earle Beauty Ryde Flagship Store.

General

All bookings and treatments are subject to availability and the completion of a confidential Treatment Consultation Form. We kindly recommend that due to the popularity of treatments in our store, appointments are booked in advance to avoid any disappointment. No responsibility can be accepted for the safety of money or valuables.

Gratuity

Our prices do not include gratuity. If you would like to offer a gratuity, this may be given directly to your therapist, at your discretion. We regret that gratuity cannot be added to card payments.

Bookings and cancellation policy

We understand that life doesn't always run smoothly and there are times when you may need to cancel an appointment. A deposit of 50% of your treatment price will be payable when booking and is redeemable against your treatment. If you wish to cancel or reschedule your appointment, please allow at least 24 hours' notice and we will be pleased to put your deposit towards a new booking. We regret that we cannot transfer or refund deposits for treatments missed or where less than 24 hours' notice is received.

Late arrivals

If you are late, we will try to accommodate your treatment in the time remaining, but we may have to adapt it slightly. If you arrive more than 10 minutes after your appointment time, it may be necessary to reschedule and our cancellation policy may apply.

Treatment courses

Treatment courses must be completed within one year of booking to qualify for the full discount. Refunds or partial refunds will not be offered on any incomplete courses. Our course offer means that when you book a course of five of the same treatment, you will receive the sixth treatment for free. This complimentary treatment needs to match the original treatment course, or, if it exceeds the original treatment value, the difference in price will be payable by the customer.

Pregnancy

When booking a treatment, please let us know if you are pregnant or trying to conceive, so we can give you the best advice on the suitability of treatments. We are unable to offer facials or massages to anyone during the first trimester or last two weeks of pregnancy.

Medical treatment

Please inform us if you are currently undergoing any medical treatment at the time of booking so that we may make any necessary adaptations to ensure you receive the best and safest treatment possible.

Children

For anyone under 14 – we regret that we cannot offer treatments due to strict health and safety guidelines.

For anyone aged 14-15 – we can offer the Healthy Beautiful Skin or Bespoke Facial with the consent, and in the presence of, a parent or guardian.

For anyone aged 16-18 – we can offer all treatments with the consent, and in the presence of, a parent or guardian.

PRICE LIST

Treatment Name	Duration	Price
Facial Treatments		
Liz Earle Signature Facial	90 minutes	£120
Liz Earle Purifying Facial	45 minutes	£60
Speedy Lift Facial	30 minutes	£45
Superskin™ Pro-Lift Facial	90 minutes	£130
Superskin™ Botanical Lift Facial	60 minutes	£90
Healthy Beautiful Skin Facial	60 minutes	£90
The Bespoke Facial	60 minutes	£90
The Bespoke Facial	90 minutes	£120
Ultimate Wind Down Experience	75 minutes	£100
Body Treatments		
Botanical Bliss Back Massage	35 minutes	£45
Botanical Bliss Back Massage with hot stones	45 minutes	£60
Full Body Botanical Bliss Massage	60 minutes	£75
Full Body Botanical Bliss Massage with hot stones	75 minutes	£90

